

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Calendar subject to change

Mail Delivery: Every 24 hours

December 2017

Potomac Falls Health and Rehab Center

Beauty/Barber Shop Open Tues. Wed. & Thurs. *To sign up for an outing please call Activities Dept.* (703) 834-5800 ext. 8317*

<p>3</p> <p>10:30 Way Back to the Pentecost (S) 2:15 Holiday Coloring (S) 3:45 Holiday Decoration Committee (S)</p>	<p>4</p> <p>ROOM VISITS 11:00 Dice Game (A) 1:00 Social Services Committee (S) 2:15 Bingo (S) 4:00 Kitchen Corner: Holiday Cookie Making (S)</p>	<p>5</p> <p>Morning Communion 10:30 Manicures & Massage (P) 2:30 Music w/Gurda (S) 3:45 Kitchen Corner: Christmas Cookie Decorating (S) 3:45 Card Club (T)</p>	<p>6</p> <p>11:00 Let's Laugh: Abbot & Costello (S) 2:30 Ping Pong (A) 3:30 Bible Study w/Denise Snyder (A) 6:30 Bull Run Festival of Lights Outing</p>	<p>7</p> <p>10:30 Manicures & Massage (S) 2:30 Holiday Centerpiece Craft (S) 3:45 Black Jack Club (P) 4:00 Rehab Warriors (C1)</p>	<p>8</p> <p>10:30 WILD DVD (S) 11:00 Penny Ante (A) 2:30 Horse Racing (S) 3:30 Friday Movie & Popcorn: Holiday Classics (A&S) 6:30 Therapy Cat visits w/Goblet!</p>	<p>9</p> <p>ROOM VISITS 11:00 Remember When? (S) 1:00 Successful Sobriety (C1) 2:15 Bingo (A) 3:45 Holiday Carolers (ALL)</p>
<p>10</p> <p>10:30 All Nations Christian Center (S) 2:00 Therapy Dog visits w/Gracie! 3:30 Holiday Caroling with the Boy Scouts</p>	<p>11</p> <p>ROOM VISITS 11:00 Holiday Sing Along (A) 1:00 Social Services Committee (S) 2:15 Bingo (S) 4:00 Kitchen Corner: Potato Latkes (S)</p>	<p>12</p> <p>Morning Communion 10:30 Manicures & Massage (T) 2:30 Music w/Steve Gellman (A) 3:45 Dreidel Game (A) 3:45 Card Club (T) <small>First Day of Hanukkah</small></p>	<p>13</p> <p>*Vendor Fair 11-5 in Rehab Hallway* 11:00 Noodleball (S) 2:30 Wii Wednesday (A) 3:30 Bible Study w/Denise Snyder (A) 6:30 Evening Neighborhood Lights Outing</p>	<p>14</p> <p>10:30 Manicures & Massage (A) 2:00 Food Committee (S) 2:30 Holiday Centerpiece Craft (S) 3:45 Black Jack Club (P) 4:00 Rehab Warriors (C1)</p>	<p>15</p> <p>10:30 Santa Gift Delivery (ALL) 4:00 Aromatherapy (A)</p>	<p>16</p> <p>ROOM VISITS 10:00 Therapy Dog visits w/Brew! 11:00 Poetry (S) 2:30 JMYO Orchestra Christmas Concert (S) 3:45 Bingo (S)</p>
<p>17</p> <p>ROOM VISITS 11:00 Reminiscing (S) 1:30 Mount Pleasant Baptist Church (A) 3:00 Golfing (A)</p>	<p>18</p> <p>ROOM VISITS 11:00 Chair Yoga (A) 1:00 Social Services Committee (S) 2:15 Bingo (S) 3:45 Christmas Ornament Craft (S)</p>	<p>19</p> <p>Morning Communion 10:30 Manicures & Massage (P) 1:30 Music w/Rachel (S) 2:30 Christ Fellowship Church Service (S) 3:45 Card Club (T) 6:00 Dinner Club</p>	<p>20</p> <p>10:00 WILD DVD (S) 10:30 Walmart Outing 2:30 Resident Council (C1) 3:30 Bible Study w/Denise Snyder (A) 6:30 Game Club (T)</p>	<p>21</p> <p>10:30 Manicures & Massage (S) 2:00 Food Committee (S) 2:00 Nativity Play (P) 2:45 Nativity Play (A) 3:45 Black Jack Club (P) 4:00 Rehab Warriors (C1) 6:30 Holiday Party (Rehab) <small>Winter Begins</small></p>	<p>22</p> <p>10:30 Toss & Talk (S) 2:30 Chair Yoga (A) 3:30 Friday Movie & Popcorn: Holiday Classics (A&S)</p>	<p>23</p> <p>ROOM VISITS 10:30 WILD DVD (S) 11:00 Sing-a-long (S) 2:30 Hammered Dulcimer Holiday Concert (A) 3:45 Bingo (A)</p>
<p>24</p> <p>10:30 Christ Fellowship Church Service (S) 1:00 Redskins vs. Broncos (A&S) 2:30 ROOM VISITS</p>	<p>25</p> <p>ROOM VISITS 2:15 Bingo (S) 4:00 Christmas Day Eggnog Social Hour (S)</p>	<p>26</p> <p>Morning Communion 10:30 Catholic Mass (S) 11:00 Rosary (S) 2:30 Ladies Club (S) 2:30 Men's Club (A) 3:45 Card Club (T)</p>	<p>27</p> <p>10:00 WILD DVD (S) 10:30 Walmart Outing 2:00 Music w/Charlie (S) 3:30 Bible Study w/Denise Snyder (A) 6:30 Game Club (T)</p>	<p>28</p> <p>10:30 Manicures & Massage (A+T) 2:00 Food Committee (S) 2:30 Bingo (A) 4:00 Rehab Warriors (C1)</p>	<p>29</p> <p>10:30 Chair Yoga (A) 2:30 December Birthday Party (A) 3:45 Zen Den (Conf. Rm. 2)</p>	<p>30</p> <p>ROOM VISITS 10:30 WILD DVD (S) 11:00 Ping Pong (S) 2:15 Bingo (A) 3:45 Family Feud: Strikeout (A)</p>

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11:00 New Years Parade (S&A)
6:30 New Years Eve Party! (Rehab Gym)

New Year's Eve

Happy Holidays from the staff at Potomac Falls!